

CRU's Staff Past Year Experience and Future Aspiration

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I would like to express my sincere gratitude for the unconditional support that CRU have provided to me during the past year I have been in CRU. The support has not only helped me to achieve my professional goals, but it has also taught me the true meaning of teamwork. I appreciate the time and effort that the team have to mentor me and help me grow as a professional. Clinical Research Unit (CRU) typically plays a crucial role in facilitating and supporting researchers in conducting their studies within a hospital setting.

After 2 years working in Clinical Research Unit (CRU) as an administrator, I have gained valuable experience and achieved several milestones in my career. Working in a CRU requires effective communication with various stakeholders, including researchers, clinicians, participants, and possibly external partners. My experience in handling events and video editing might have improved my ability to tailor communication to different audiences.

The best part working in CRU was creating the RECRUS Newsletter where I can use my skills in editing and improve it day by day. Furthermore, a supportive and positive work environment, where the staff and head are friendly, can greatly contribute to job satisfaction and professional growth. Besides that, CRU's team has a tradition of celebrating various occasions, milestones, and staff changes with treat meals.

I am also would like to express my gratitude and acknowledgement for the kindness of my unit department to have family bonding time during workcation at DoubleTree by Hilton Putrajaya recently. It's a way of recognizing and valuing the positive impact I had with the whole unit. Once again, thank you for all that CRU have done for me. The support has been instrumental in my professional growth, and I am grateful to have had the opportunity to work here.



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The Clinical Research Unit (CRU) is a unit that manages and assists researchers in conducting research at HSAAS. I have been in the CRU for about 3 years, from October 2020 until now. During my time at CRU, I've gained a lot of both positive and negative experiences. However, I would like to share one of my positive experiences at CRU, which includes the excellent staff, including the unit head, who are very kind, understanding, and generous.

I also feel highly valued and more motivated while being here because CRU frequently organizes meals or events to celebrate new staff or those who are leaving or transitioning to other departments. They always show understanding towards the work or personal issues I face. Their support in resolving my problems and tasks by providing advice, opinions, and guidance facilitate my work.

Regarding work experiences, I was given tasks to manage administrative duties and others. One of the tasks I particularly enjoy and hope to continue is producing the RECRUS Newsletter, where I honed my skills in editing the newsletter using Adobe Acrobat PDF. Additionally, I was tasked with managing and updating the HSAAS website using the SPEL system, which provided me with new experiences and skills that would not be possible for me to acquire in other units or departments. Furthermore, I enhanced my skills in editing videos for programs/training/workshops conducted at CRU and other videos as per CRU's requirements. Moreover, I gained experience in assisting in organizing programs/training/workshops held at CRU, such as preparing attendance forms and feedback using Google Forms, checking attendance lists for CPD points, and sending certificates to participants.

I would also like to express my gratitude for being given the opportunity to attend the video editing skills course using Premiere Pro, Adobe Creative Course (Illustrator) for graphic designing for publication materials, and website management using the SPEL system from May 31 to June 1, 2023, at Hotel Double Tree Hilton, Putrajaya.